

MENTAL WELL-BEING FOR ALL: THE CONFERENCE ON STRENGTH-BASED AND PREVENTIVE INTERVENTIONS IN HONG KONG AND CHINESE COMMUNITIES

A Conference Celebrating the 20th Anniversary of the Division of Counselling Psychology (DCoP), the Hong Kong Psychological Society



ABSTRACT SUBMISSION GUIDELINES

Mental Well-Being for All: The Conference on Strength-Based and Preventive Interventions in Hong Kong and Chinese Communities

The Division of Counselling Psychology (DCoP) of the Hong Kong Psychological Society and the Department of Counselling and Psychology of Hong Kong Shue Yan University (HKSJU) warmly invite abstract submissions for Mental Well-Being for All: The Conference on Strength-Based and Preventive Interventions in Hong Kong and Chinese Communities, to be held on 6–7 November 2026 at Hong Kong Shue Yan University, Hong Kong.

This conference aims to bring together researchers, practitioners, educators, students, policymakers, and community partners to explore strength-based and preventive approaches that promote mental well-being across diverse community settings. Through dialogue, knowledge exchange, and interdisciplinary collaboration, the conference seeks to advance culturally responsive practices, community mental health initiatives, and innovative research relevant to Hong Kong and wider Chinese communities.

The conference welcomes contributions from counselling, psychology, psychotherapy, social work, education, healthcare, public health, and related disciplines. We particularly encourage submissions that address community mental health, resilience, prevention, indigenisation, interdisciplinary collaboration, and the future development of counselling and psychotherapy in Chinese contexts.

Important Dates (Revised Timetable)

Milestone	Date and Time (UTC+8)
Call for abstracts opens	22 June 2026
Abstract submission due	26 August 2026, 23:59 HKT (<i>Extended</i>)
Notification of abstract acceptance	2 September 2026
Presenter registration due	20 September 2026
Full programme release	7 October 2026
Conference	6–7 November 2026
Post-conference workshop	8 November 2026

*Please note that the conference organisers reserve the right to make reasonable adjustments to the timetable if necessary; any changes will be announced on the [conference website](#).

Thematic Scope

Topics may include, but are not limited to:

- Prevention, early intervention, and strength-based practice in counselling psychology
- Culture, indigenisation, and adaptation in psychological theory and intervention
- Mental health promotion across community, educational, healthcare, and social systems
- Professional identity, leadership, training, supervision, and workforce development
- Innovations in methodology, measurement, and culturally responsive evidence generation
- Resilience, well-being, and community engagement across the life course
- Interdisciplinary and translational research for practice, policy, and public mental health

Presentation Formats

Abstracts may be considered for one of the following presentation formats. Authors may indicate a preferred format at submission, although the final decision will be made by the Academic and Programme Committee based on review outcomes and programme planning.

Oral Presentation

Oral presentations will be scheduled within parallel sessions. Each presentation will be allocated **15 minutes in total, including Q&A**, in line with standard conference session arrangements used at HKSYU conference events.

This format is appropriate for completed empirical studies, theoretically grounded conceptual papers, programme evaluations, and well-developed practice-based contributions.

Poster Presentation

Poster presentations are suitable for completed studies, pilot work, innovative practice, student projects, and emerging lines of inquiry with clear relevance to the conference theme. Posters should be prepared in **portrait orientation** and must not exceed **90 cm (W) × 120 cm (H)**. Presenters are expected to attend their posters during the designated session period and engage with conference participants.

Logistics & Printing Note: Presenters are fully responsible for the printing and transportation of their physical posters to the venue. The organising committee does not provide on-site printing services or storage. Presenters are also required to dismantle and remove their posters at the conclusion of their designated session.

Eligibility and Submission Limits

Submissions are open to researchers, practitioners, trainees, and students in counselling psychology and related disciplines (e.g., counselling, psychotherapy, clinical psychology, social work, education, psychiatry, allied health), whose work is relevant to counselling psychology research, practice, training, or policy.

For each accepted abstract, **at least one author must register** for the conference and present the work in person.

Each participant may submit a **maximum of two abstracts** as presenting author or first author. There is no limit on involvement as a non-presenting co-author.

All listed authors should have made an appropriate scholarly or professional contribution to

the work and must have approved the final version of the abstract prior to submission.

Abstract Preparation Guidelines

- **Language:** Academic English (APA 7th Edition)
- **Length:** Maximum 300 words (excluding title and author details)
- **Keywords:** 3–5, in lowercase, separated by semicolons
- **Format:** Single paragraph; no subheadings, bullet points, tables, or references

Abstracts should address the background, aims, methods, findings, and implications of the work. Empirical submissions should report actual results rather than stating that findings will be presented.

All submissions must meet appropriate ethical and scholarly standards. Work involving human participants should have received relevant ethical approval. **The organising committee reserves the right to request proof of ethical clearance or to verify compliance if deemed necessary.**

Submission via Microsoft CMT

All abstracts must be submitted through Microsoft CMT at <https://cmt3.research.microsoft.com/DCOPHKPS2026>. Email submissions will not be accepted.

1. Log in or create an account on Microsoft CMT
2. Search for the conference and access the **Author Console**
3. Select **Create New Submission** and complete all required fields
4. Indicate your preferred presentation format
5. Review carefully and submit before the deadline

Note: You may type your abstract directly into the CMT system, or optionally upload a prepared document (.doc, .docx, or .pdf).

Authors may revise their submission within CMT until the submission deadline. A confirmation email will be sent upon successful submission.

Review Process

All submissions will undergo peer review, and decisions of the Academic and Programme Committee will be final. Submissions will be assessed on relevance to the conference theme, clarity, scholarly or practice-based merit, and contribution to counselling psychology.

Contact & Enquiries

For any enquiries regarding abstract submission, please contact the Academic and Programme Committee via email at COUNPCONF2026@hksyu.edu. To ensure your enquiry is processed efficiently, please strictly include **[Submission Enquiry]** in the subject line of your email.

Technical Assistance

For technical issues related to your Microsoft CMT account (e.g., login difficulties or portal errors), please refer to the [official CMT Help Center](#) or contact [CMT Support](#) directly. **Please note that the conference secretariat is unable to manage or troubleshoot Microsoft CMT account-related issues.**